Crushed Red
Artfully Chopped Craft Salads

**Folded Flats**

Enjoy a Folded Flat alone or as part of our Two for You combo! Premium ingredients folded into soft flatbread. (6.49)

**In The Club**
Roasted turkey breast, bacon, avocado, romaine & Cheddar with ranch.

**Angry Bird**
Sriracha chicken, bacon, black olives, romaine & Gorgonzola with Sriracha ranch.

**More Cowbell**
Sirloin steak, tomato, romaine & Gorgonzola with goddess spread.

**On Fleek Greek**
Chipotle hummus, red pepper, artichoke, black olives, spinach, & fresh mozzarella with Balsamic vinaigrette.

**Chicken Caesar**
Roasted chicken breast with crisp romaine, tomatoes & Parmesan.

**Chipotle BBQ Chicken**
Chipotle BBQ chicken, roasted corn, black beans, pepper jack & romaine with ranch.

**Savory Shareables**

**Warm Herbed Goat Cheese** 9.59
Crusted with sliced almonds & dried cranberries, topped with agave nectar. Served with homemade lavash & warm flatbread.

**Hummus** 7.29
Smoky chili hummus with warm homemade flatbread & lavash.

**Warm Artichoke Spread** 8.99
Artichoke hearts & Parmesan in a creamy garlic base. Served with warm flatbread & lavash.

**Pick Up Stix**
Our signature dough is stuffed, rolled & baked then brushed with agave & kosher salt (3.39)

**Sassy Sicilian Stix**
Sriracha, roasted garlic & Crushed Red Mozzarella Blend.

**Jackie Chan Stix**
Bacon, Pineapple, sweet & spicy chili paste & Crushed Red Mozzarella Blend.

**Cabo Diablo Stix**
Roasted corn, black beans, Sriracha, jalepeno straws & pepper jack.

**Crave-A-Bowls**

**EACH ONE is crafted with our POWER BLEND base of shaved brussels sprouts, kale and roasted cauliflower rice. (10.99)**

**Ensenada Shrimp**
Chili dusted shrimp, roasted corn, black beans, red bell pepper and cilantro with smoky chili ranch.

**Dixie Chick**
Avocado, roasted chicken, mushroom, black olive and red bell pepper with zesty ranch.

**Samurai Tuna**
Seared rare tuna chunks, red bell pepper, broccoli, cilantro and cucumber with an Asian style dressing.

**Beverages**

**Sodas & Water**
Organic Fresh Brewed
Iced Tea 2.49
Fountain Soda 2.49
Bottled Water 3.49
Bottled Soda 3.29

**Beers & Wines**
Visit your local Crushed Red for a great selection of local beers and wines!
Selection varies by location.

**ALL-NATURAL SOUPS**

Cup 4.79 | Bowl 5.89
3 SERVED DAILY

- **Mushroom & Brie Bisque** (veg)
- **Butternut Squash** (veg)
- **Harvest Grain with Mushrooms** (v)
- **Northwoods Chili**
- **Roasted Red Pepper & Gouda Bisque** (veg)
- **Southwest Sweet Potato**
- **Cheesy Garden Vegetable Shrimp Chowder**

**SOUPS**

Enjoy a cup of one of our 5 daily soups.

**PIZZAS**

- **Mona Lisa**
- **Mushroom Medley**
- **Queen Margherita**
- **Choose any other**
- **Hand-Stretched pizza** (10.29)
- **Choose a premium pizza** (12.99)

*Premium Pizzas include: Funchoza, Emerald Coast, Pesto Shrimp, Pizzeria Prima, Texas Twister and This Pear is on Fire

**SALADS**

Health Nut
Chipotle BBQ Chicken
Choose any other
Chopped salad (10.25)
Choose a premium salad* (10.99)

*Premium Salads include: Funchoza, Emerald Coast, Pesto Shrimp, Pizzeria Prima, Texas Twister and This Pear is on Fire

**Just for Kids!**
Choose from the options below. Includes fountain drink, tea or milk. ($5.99)

- **Cheese Pizza**
- **Pepperoni Pizza**
- **Turkey, Cheddar & Ranch**
- **Folded Flat with Fruit**
- **Creamy Mac & Cheese with Fruit**

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TO GO MENU
**Chopped Salads**

- **Tunapalooza**  11.99 | 8.99
  Seared Ahi tuna, green beans, Kalamata olives, hard-boiled egg, tomato, roasted Yukon Gold potatoes & goat cheese with mixed greens. Goddess dressing.

- **This Pear is on Fire**  11.99 | 8.99
  Spiced sirloin, fresh jalapeño, roasted corn, black beans, sweet pepper drops, corn cake crotons, jalapeño straws & cheddar. Smoky chili ranch.

- **Welcome Back Cobber**  9.99 | 7.99
  Roasted chicken breast, avocado, bacon, egg, Gorgonzola, crotons & tomato with field greens. Goddess dressing.

- **Play Glory!**  10.99 | 8.49
  Blueberries, strawberries, dried cranberries, candied walnuts & blue cheese with field greens. Cranberry poppyseed.

- **Chipotle BBQ Chicken**  9.99 | 7.99
  Chipotle bbq chicken breast, roasted corn, black beans, pepper jack, cilantro, tortilla strips with field greens. Ranch dressing.

- **Health Nut**  9.99 | 6.99
  Broccoli, edamame, carrots, almonds, cranberries & chickpeas with spinach & romaine. Raspberry vinaigrette.

- **Emerald Coast**  11.99 | 8.99
  Pesto roasted shrimp, avocado, cucumbers, mushrooms & bacon with field greens. Roasted red pepper vinaigrette.

- **Farmer’s Market**  9.99 | 7.99
  Roasted turkey breast, goat cheese, sunflower seeds, apples & cranberries with field greens. Honey mustard.

- **Pesto Shrimp**  11.99 | 8.99
  Pesto roasted shrimp, avocado, bacon, sweet Peruvian peppers, & edamame with field greens. Tamarind cashew dressing.

- **Cyprus**  9.49 | 7.29
  Chickpeas, Kalamata olives, cucumber, tomato, red onion & feta cheese with field greens. Feta vinaigrette.

**Craft Your Own Salad or Pizza**

**Choose your fresh ingredients.**

Pizzas include 2 free toppings. Additional standard toppings $.50.

**Premium toppings (pizza and salads) subject to additional charge.**

- **Crushed Red whole grain crust** (8.79) Gluten free crust (+1.69)
  *Salads: Regular (8.99) | Small (7.69)*

**Hand-Stretched Pizzas**

- **Mona Lisa**  8.79
  Extra virgin olive oil & roasted garlic, Kalamata olives, spinach, feta, goat cheese & Crushed Red mozzarella blend.

- **Roasted Chicken Gorgonzola**  9.99
  Parmesan cream, roasted chicken breast, spinach, Gorgonzola, onion & tomato.

- **Queen Margherita**  8.79
  Basil pesto, fresh mozzarella, & tomato with fresh basil.

- **Fire Roasted Veggie**  8.99
  Crushed Red organic tomato sauce, artichokes, portobellas, onion, tomato, pepper, black olive & Crushed Red mozzarella blend with fresh rosemary.

- **Yukon Gold Steakhouse**  9.99
  Parmesan cream, steak, bacon, Yukon potato, onion, Gorgonzola & Crushed Red mozzarella blend with fresh rosemary.

- **Five Cheese**  8.99
  Extra virgin olive oil & garlic, goat cheese, feta, Gorgonzola, Parmesan & Crushed Red mozzarella blend with fresh basil.

- **Mushroom, Pepperoni & Sausage**  9.99
  Crushed Red organic tomato sauce, mushroom, pepperoni, sausage & Crushed Red mozzarella blend.

- **South Coast Shrimp**  9.99
  Tomato Parmesan cream, pesto shrimp, bacon, roasted corn , tomato, & CR mozzarella cheese blend with crushed red pepper.

- **Chipotle BBQ Chicken**  8.99
  Chipotle bbq chicken breast, black beans, roasted corn, caramelized onion & pepper jack with fresh cilantro.

- **Northwoods Chili**  8.99
  Old fashion chili with peppers, cheddar, red onion & crispy tortilla strips.

- **Mushroom Medley**  8.79
  Parmesan cream, portobella & white mushrooms, Crushed Red mozzarella blend & goat cheese with fresh rosemary.

- **Big Island**  8.99
  Crushed Red organic tomato sauce, pineapple, ham, caramelized onion, & Crushed Red mozzarella cheese blend with fresh cilantro.

- **Sedona Steak**  9.99
  Ancho chili cream, savory chili dusted steak, Peruvian sweet peppers & CR mozzarella blend with fresh rosemary.